# Introduction to Cryptography The Basics



#### **Mathiness**

- Modern cryptography is a branch of applied mathematics
- About 100 years ago, cryptanalysts were using group theory and permutation theory—and the amount of math used has increased dramatically since then
- (One of the reasons for the British success during World War II at Bletchley Park (and the Poles before them): they hired mathematicians, rather than the linguists employed as cryptanalysts during World War I)
- Consequently, this unit will have far more math than the rest of the course

# What is "Cryptography"?

- Literally: "secret writing" (from Latin roots)
- (Purists call the subject "cryptology", which includes cryptography, cryptanalysis, etc.)
- Historically, cryptography was used for confidentiality: keeping messages secret
- Encryption goes back thousands of years
- Today, we do much more, including authentication, integrity-checking, "signing" documents, playing games of chance over the Internet, cryptocurrencies like Bitcoin, etc.

# The Caesar Cipher

We'll start by using historical, pen-and-paper ciphers on ordinary letters—it's easier to see what's happening, and the principles are the same.

Replace each letter with the one three down in the alphabet:



- According to Suetonius, this cipher was used by Julius Caesar
- But why did he shift by 3? Could he have used a different number?

# Systems and Keys

- In modern terminology, encryption is done with and algorithm and a key
- For Caesar, the algorithm was

$$(P_i + K) \mod 23 \rightarrow C_i$$

where  $P_i$  is a character of the *plaintext*,  $C_i$  is the corresponding *ciphertext* character, and K is the key

- (The classical Latin alphabet had 23 letters: no J, U, or W...)
- The key K was fixed at 3
- (We sometimes say it used a key of 'D', because it mapped A→D).



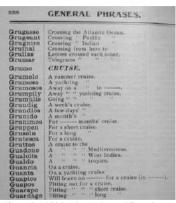
#### General Flow

$$plaintext \xrightarrow{encryption} ciphertext \xrightarrow{decryption} plaintext$$

- plaintext, cleartext original message
- ciphertext mangled information
- key additional information used for encryption and decryption

#### Codes and Ciphers

- Ciphers operate on syntactic elements, e.g., letters or groups of letters
- Codes operate on semantic elements, e.g., words, phrases, and sentences
- The output of a codebook can be superenciphered for greater security
- Commercial codebooks were used for compression—telegraph companies charged by the word—but provided some security from casual eavesdroppers
- Through World War II, though, most governments and militaries used stronger codes for confidentiality
- (Codes are no longer used seriously)



(from the 1896 Atlas Universal Travelers

and Business Telegraphic Cipher Code)

#### **Formalisms**

A cryptosystem is a pair of functions, *E* and *D*, such that:

$$C \leftarrow E(P,K)$$

$$P \leftarrow D(C,K')$$

$$P = D(E(P,K),K')$$

where P is the plaintext, C is the ciphertext, E is the encryption function, D is the decryption function, and K and K' are keys. Often, K' = K; sometimes, K' = F(K).

Today,  $K \in \{0,1\}^{I}$ ,  $P \in \{0,1\}^{m}$ , and  $C \in \{0,1\}^{n}$ . The *keylength* is I, the input blocksize is m, and the output blocksize is n. Generally, m = n.

# In English

- A cryptosystem is pair of algorithms that take a key and under control of that key convert plaintext to ciphertext and back.
- Plaintext is what you want to protect; ciphertext should appear to be random gibberish.
- The design and analysis of today's cryptographic algorithms is highly mathematical. Do not try to design your own algorithms.
- Irepeat: do NOT try to design your own algorithms; with rare exceptions, avoid any product that brags of their own, "highly secure" encryption algorithms

## **Essential Properties**

- Without knowledge of K, inverting E should be infeasible. That is, cryptanalysis should be infeasible.
- That should be true even if the enemy has many (P, C) pairs, or even if the enemy can supply many Ps to be encrypted
- The keylength / should be large enough that the enemy can not perform a brute force (also known as exhaustive search) attack on the key space.
- Assume that the enemy knows all details of your algorithm, but does not know the key (Kerckhoffs, 1883)
- Later, we'll discuss other necessary security properties for cryptosystems

# Keys

- Must be strongly protected
- Ideally, should be a random set of bits of the appropriate length
- Ideally, each key should be used for a limited time only
- Ensuring that these properties hold is a major goal of cryptographic research and engineering

#### **Brute-Force Attacks**

- Build massively parallel machine
- Can be distributed across the Internet
- Give each processor a set of keys and a plaintext/ciphertext pair
- If no known plaintext, look for probable plaintext (i.e., length fields, high-order bits of ASCII text, etc.)
- On probable hit, check another block and/or do more expensive tests

## CPU Speed versus Key Size

- Adding one bit to the key doubles the work factor for brute force attacks
- The effect on encryption time is often negligible or even free
- It costs nothing to use a longer RC4 key
- Going from 128-bit AES (Advanced Encryption Standard) to 256-bit AES takes (at most) 40% longer, but increases the attacker's effort by a factor of 2<sup>128</sup>
- Using triple DES (Data Encryption Standard) costs 3x more than DES to encrypt, but increases the attacker's effort by a factor of 2<sup>112</sup>
- Moore's Law favors the defender

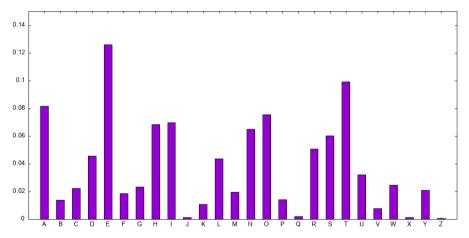
# Caesar Ciphers and their Keys

- Julius Caesar (supposedly) never changed his key; if the key was ever recovered, there would be no more secrecy
- A brute force attack on 22 possible keys wouldn't take long, even by hand
- But: were his enemies even literate? Pompey and his officers almost certainly could read, but what about Caesar's enemies in Gaul?
- (Al-Kindi published a ground-breaking work on cryptanalysis circa 850 in Baghdad—but that implies that he encountered sophisticated methods of encryption. Al-Khalil wrote a (now-lost) book on cryptography in Basra about 75 years earlier.)

# Monoalphabetic Cipher

- A monoalphabetic cipher always maps the same plaintext symbol (letter) to the same ciphertext symbol.
- Many characteristics, e.g., letter frequencies, show through
- Solving these by hand is easy
- In a good cipher, the output frequency is flat
- In other words, we want high entropy: it should be indistinguishable from true-random

# **English Letter Frequencies**



(Data taken from Alice's Adventures in Wonderland)

## Entropy (Shannon, 1948)

- Entropy measures the amount of disorder—randomness—in a set
- Entropy is usually measured in bits:  $\log_2 26 \approx 4.70$  if all letters were equally probable
- Lack of randomness aids cryptanalyis
- Simple Caesar (or other substitution) ciphers do not increase entropy:

```
$ entropy alice.txt
4.161
$ caesar alice.txt | entropy
4.161
$ substitute -k VKQCTDRSBJUNPEOFAIZGMWXYLH alice.txt | entropy
4.161
```

# Shannon, Information Theory, and Entropy

- During World War II, Claude Shannon worked on SIGSALY, a voice encryptor
- This led him to invent information theory, and publish mathematical formalizations of communications and secrecy
- A fundamental issue: how much information does a message contain?
- Example: if you flip a coin 100 times and get "heads' 99 times, an "H" carries very little information. But a "T" carries a lot.
- English is redundant—you don't need every letter
- Start of an old subway ad: "F U CN RD THS..."

$$-\sum_{i=1}^n P(x_i)\log_2 P(x_i)$$

## Shannon on Encryption

Shannon, "A Mathematical Theory of Secrecy":

In a secrecy system there are two statistical choices involved, that of the message and of the key. We may measure the amount of information produced when a message is chosen by H(M):

$$H(M) = -\sum P(M)\log P(M),$$

the summation being over all possible messages. Similarly, there is an uncertainty associated with the choice of key given by:

$$H(K) = -\sum P(K)\log P(K).$$

Information and uncertainty are maximized when the distributions are flat.

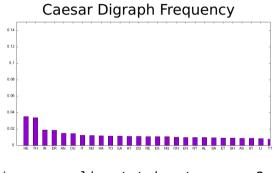
# Increasing Entropy: Longer Keys

- Use a different key for different letters of the plaintext
- Example: Vigenère cipher—repeat a keyword as necessary; encrypt each letter with the appropriate letter of the keyword

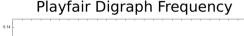
- The two As are encrypted differently—but the two Es happen to be encrypted with the same key letter
  - \$ vigenere -k JUDGE alice.txt | entropy
    4.626

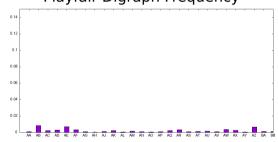
# Increasing Entropy: Longer Encryption Blocks

Longer encryption blocks flatten frequency distribution ( $log_2 26^2 \approx 9.4$ )



caesar alice.txt | entropy -n 2 7.693





```
$ playfair -k MYVOW alice.txt | \
    entropy -n 2
8.599
```

## Increasing Entropy: Transposition

Transposition cipher: rearrange the order of the letters by transposing a matrix, to break up common letter sequences, e.g., THE and ING

Example: 
$$k = 5x4$$

- \$ transpose -k 4x17 alice.txt | entropy
  4.162
  \$ transpose -k 4x17 alice.txt | entropy -n 2
  8.320
  \$ transpose -k 4x17 alice.txt | entropy -n 3
- 12.386

## Maximum Entropy

- We get maximum security if the key is truly random and is as long as the plaintext
- This is called the one-time pad, and is used by some spies, the Washington-Moscow hotline, etc
- One-time pads are guaranteed 100% secure—if the key is really random, i.e., not generated by an algorithm, and if it is never reused
- (Invented in 1882 by Frank Miller, a Sacramento banker; reinvented in 1919 by Gilbert Vernam and Joseph Mauborgne. It is unclear if Mauborgne knew of Miller's work.)

```
$ random -c 150000 >/tmp/random-key; entropy /tmp/random-key
4.700
$ otp -K /tmp/random-key alice.txt | entropy
4.700
$ otp -K /tmp/random-key alice.txt | entropy -n 2
9.396
```

#### Project Venona: Reading a Two-Time Pad...

- During World War II, the Soviets had trouble producing enough true-random one-time pads
- Some of their spies in the U.S. had duplicate pages
- American cryptanalysts detected this and were able to read traffic that should have been perfectly secure

# Principles of Cipher Design

- Substitution
- Permutation
- Longer keys
- Encrypting blocks of plaintext

\$ vigenere -k JUDGE alice.txt | entropy

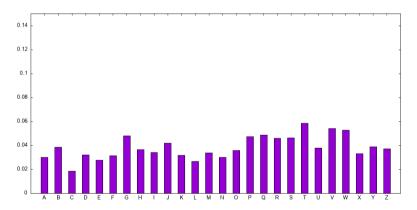
Most modern ciphers—which operate on bits and bytes, not ASCII letters—use combinations of these principles, and generally repeated combinations

```
4.626
$ vigenere -k JUDGE alice.txt | entropy -n 2
8.918
$ transpose -k 4x17 alice.txt | entropy
4.162
$ transpose -k 4x17 alice.txt | entropy -n 2
8.320
$ vigenere -k JUDGE alice.txt | transpose -k 4x17 | entropy -n 2
9.211
```

#### Did We Get It Right?

Let's combine all three ciphers and see what we get

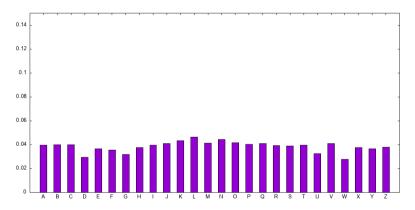
\$ playfair -k SPHINX alice.txt | vigenere -k JUDGE | transpose -k 4x17



The frequency plot still isn't flat—and is that the only metric?

## Once More, But Iterated and With More Key Material

 $\$  playfair -k SPHINX alice.txt | vigenere -k JUDGE | transpose -k 4x17 | \ playfair -k BLACKQUARTZ | vigenere -k MYVOW | transpose -k 13x5



Noticeably better!

## Limits to Security

- A cipher is no stronger than its key length: if there are too few keys, an attacker can enumerate all possible keys
- The old DES cipher has 56 bit keys arguably too few in 1976; far too few today. (Deep Crack was built in 1996 by the EFF.)
- Strength of cipher depends on how long it needs to resist attack.
- No good reason to use less than 128 bits
- NSA rates 128-bit AES as good enough for SECRET traffic; 256-bit AES is good enough for TOP-SECRET traffic.
- But a cipher can be considerably weaker! (A monoalphabetic cipher over all possible byte values has 256! keys — a length of 1684 bits — but is trivially solvable.)
- Let's look at some modern designs

## A Bit More History

- Until the 1970s, ciphers were designed by governments and amateurs—there was almost no private sector or academic interest (or competence)
- In 1972, the US and the Soviet Union negotiated a huge grain deal—and US intelligence later learned that the Soviets were eavesdropping on the American grain negotiators
- Protecting unclassified civilian traffic was now seen as a matter of national security
  - The National Bureau of Standards (NBS) (now called NIST, the National Institute of Standards and Technology) put out a call for a modern, public encryption algorithm

#### Lucifer and DES

- There was only one submission: Lucifer, from IBM
- Lucifer encrypted 64-bit blocks under the control of a 112-bit key; there were 16 *rounds* (iterations)
- The basic structure was a Feistel network
- The design went to NBS, which shared it with NSA
- It came back changed: the S-boxes were different, and the key size was cut to 56 bits...
- The result became DES: the Data Encryption Standard

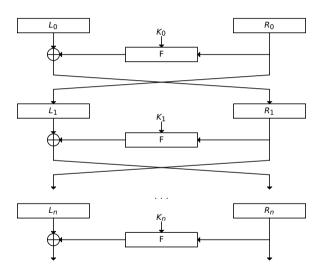
## **DES: The Data Encryption Standard**

- DES was the first modern, public design
- DES is a block cipher—it operates on blocks of fixed length: 64 bits
- Stream ciphers operate on continuous sequences of bits or bytes (or, less commonly other lengths)
- A tremendous amount of academic cryptographic knowledge came from studying DES—it was, after all, an NSA-approved design
- Even though it's now obsolete, it's still worth studying, to understand how a modern cipher can be built

#### The Feistel Network

- An iterated design; for DES, there are 16 rounds
- The key is converted to a key schedule; there is a separate subkey for each round
- Each round contains a keyed substitution/permutation
- In each round, the two halves are swapped; one half is combined with the subkey in the F function, the output of which is in turn exclusive-ORed with the other half
- To decrypt, use the same key schedule, but go through the rounds in reverse-order
- (Spend some time understanding why that works. Briefly, exclusive-OR is its own inverse, and the swap/pass-through means that the correct data is XORed each time.)

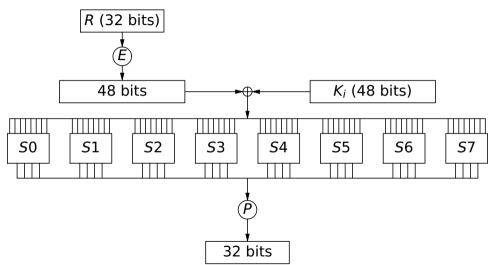
#### **DES Round Structure**



#### The F Function

- Feistel networks are general-purpose constructs—the security of the cipher depends on the *F* function
- The heart of the DES F function is the set of S-boxes, which are a set of 64-element arrays that implement a non-linear function of  $R_i$  and  $K_i$
- (E expands R by replicating some bits; P is an unkeyed permutation to shuffle things around)
- The S-boxes are crucial to DES' security—but where did they come from? It
  was long known that they did not appear to be random. Was there an NSA
  backdoor in the S-boxes?

#### **DES Round Function**



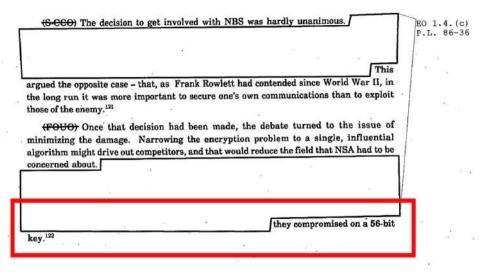
#### Confusion and Diffusion

- Confusion Each bit of ciphertext should depend on several—preferably many—bits of of the key
  - Diffusion Each bit of the output should depend on many bits of the input. When a single bit of plaintext is changed, statstically half the bits of the ciphertext should change.
    - Rounds No single round can achieve perfect confusion or diffusion. One reason for multiple rounds is to achieve this goal.

### Was DES Secure?

- A lot of people distrusted DES—had the NSA sabotaged it?
- After all, the NSA has two roles, protecting US communications—and reading other countries' messages
- Would the NSA permit deployment of a truly strong cipher?
- Whit Diffie and Martin Hellman published an analysis showing that the NSA could afford to build a brute-force DES-cracking engine, but almost no one else could
- And what about the S-boxes?
- A Senate committee concluded that the NSA had not sabotaged the design of DES
- Was that the whole story?

### The Official NSA History Discussing DES



(From https://nsarchive2.gwu.edu//NSAEBB/NSAEBB260/nsa-6.pdf)

### Differential Cryptanalysis

- In 1991, two Israeli academics, Eli Biham and Adi Shamir, came up with differential cryptanalysis, a very powerful, general-purpose cryptanalysis technique
- They showed that the S-boxes were in fact extremely strong—the maximum strength of DES is the key size limit, 2<sup>56</sup>; the S-boxes provide 2<sup>54</sup> strength
- This clearly could not have happened by accident
- IBM and/or the NSA knew of differential cryptanalysis (IBM called it Attack T) 17 years earlier and designed DES to resist it
- The 56-bit key size limit remained—and we now know that that was intentional

### An Alleged Dialog...

**DES designer:** "You know, we knew about what you call differential

cryptanalysis way back when we were designing DES."

**Shamir:** "Yes, that's quite obvious; congratulations."

**DES designer:** "Thank you."

Shamir: "Tell me, have you discovered any stronger attacks on

DES since then?"

**DES designer:** Crickets!



## Deep Crack

- The key size issue remained—civilian academics remained convinced that

   (a) the NSA had shortened the key size, and
   (b) the NSA was able to read
   DES
- The US government suggested "escrowed encryption"—there would be an overt backdoor to let the government read encrypted traffic—but no one was interested...
- But they kept insisting that DES was secure enough
- In 1998, the Electronic Frontier Foundation settled the issue decisively—by building an open source DES-cracking engine for about \$250,000
- And now factor in Moore's Law
- As I said, DES is obsolete
- NIST started a new competition, for AES: the Advanced Encryption Standard

### **AES: The Advanced Encryption Standard**

#### AES was needed for several reasons:

- The first, obviously, is that DES was clearly insecure
- It was possible to iterate DES with three separate keys, in so-called "EDE"—encrypt, decrypt, encrypt—mode, but there were other issues
- DES itself was too slow; 3DES was slower still
- (DES was designed to be implemented in hardware—why? it wasn't an NSA plot—and things like bit permutations are fast in hardware: just route wires a bit differently. Today, we need speed in software, too, including on 8-bit processors)
- The 64-bit blocksize was too small (stay tuned...)

### The AES Competition

- NIST announced an open competition; there were 15 submissions from all over the world
- Requirements: 128-bit blocksize, 128-, 192-, and 256-bit keys, secure, simple, efficient
- There were NIST-sponsored public conferences to discuss the candidates
- The NSA evaluated the submissions but did not change any part of any submission
- The process got high marks for openness, transparency, and fairness—and there were no accusations of NSA tampering

# Rijndael

- Rijndael, by Joan Daemon and Vincent Rijmen, was the choice of most outside experts as well as of NIST
- It's very fast, on low-end and high-end processors
- Internal operations are on bytes, not bits, which contributes to its speed
- It uses 10 rounds for 128-bit keys, 12 rounds for 192 bits, and 14 rounds for 256-bit keys
- It uses a substitution/permutation network, rather than a Feistel design
- AES was formally approved in 2002; as of now, there are no attacks known that are even close to being feasible

### Convert a Block to a Matrix

n∩	D <sub>1</sub>	∣ na	l no	$D_{\Lambda}$	n <sub>E</sub>	l ne	l D7	no	l no	$D_{1}$	D11	D12	D12	D11	D15
$\rho_0$	$\rho_{\perp}$	P2	P3	P4	P 5	1 20	P /	P0	P9	P10	$p_{11}$	P12	P13	P 14	P13



$p_0$	$p_4$	$p_8$	$p_{12}$
$p_1$	$p_5$	<b>p</b> <sub>9</sub>	$p_{13}$
$p_2$	$p_6$	$p_{10}$	$p_{14}$
$p_3$	<i>p</i> <sub>7</sub>	$p_{11}$	$p_{15}$

### **Round Operations**

- SubBytes A non-linear "substitute bytes" operation—each byte is replaced by a different one, using a single S-box for all 16 positions
- ShiftRows Rotate the bytes in each row by 0, 1, 2, or 3 positions, depending on the row
- MixColumns Apply a linear transform—specified as a matrix multiplication over the proper field—to all four bytes in each column. (Yes, "field", as in algebra:  $GF(2^8)...$ )
- AddRoundKey Bitwise exclusive-OR of the matrix with the subkey for this round
- There are special operations before the first round and for the last round.

# Stream Ciphers

- DES and AES are block ciphers—they can't operate until enough bytes have arrived. In some situations, where bytes arrive slowly and asynchronously—think keystrokes on a Teletype—we need something that can encrypt a byte at a time
- For security, though, we want a different key or a different something so that the same plaintext letter isn't always mapped to the same ciphertext
- The answer is a stream cipher, which stores internal state and hence can change behavior with each encryption
- Typical modern stream ciphers generate a keystream which is exclusive-ORed with the plaintext to encrypt or the ciphertext to decrypt



(Photo taken August 12, 2012, at the Connections Museum, Seattle.)

# (Teletypes)

- Teleprinters—"Teletype" is a brand name—in their modern form go back about 120 years
- The keyboard and the printer were connected directly to the communications line—if you typed "A", 0100 0001 would be sent immediately with no protocol; if 0101 1000 was received, the "X" would be printed immediately (actually, it was slightly more complicated, but only slightly)
- The encryptor and decryptor had to work instantly, on one byte at a time
- (Note also the paper tape reader/punch)



(Photo taken August 12, 2012, at the Connections Museum, Seattle.)

### RC4

- The best-known public stream cipher is RC4, devised by Ron Rivest in 1987 (RC4 stands for "Ron's Cipher 4")
- A primary goal: *really fast* encryption—remember how much slower computers were back then, and how DES was inherently slow
- It was originally a trade secret of a company he'd founded—but in 1994, someone leaked or reverse-engineered the code...
- RC4 is now considered obsolete—its output is distinguishable from random, and in many situations there are feasible attacks
- Note well: stream ciphers are very hard to use securely—more on this in a few days

#### RC4 Pseudocode

The 256-byte array state is initialized from the key, and is changed for each byte generated. Note the XOR in the last line of code, encrypting or decrypting a byte at a time in a variable-length buffer.

```
for(counter = 0; counter < buffer_len; counter++) {
    x = (x + 1) % 256;
    y = (state[x] + y) % 256;
    swap_byte(&state[x], &state[y]);

    xorIndex = (state[x] + state[y]) % 256;
    buffer_ptr[counter] ^= state[xorIndex];
}</pre>
```

(From the original messages to the Cypherpunks Archive at http://cypherpunks.venona.com/archive/1994/09/msg00304.html)

## Encryption and Decryption are the Same Operation

Remember that XOR is its own inverse

$$P_{i} \oplus K_{i} = C_{i}$$

$$C_{i} \oplus K_{i} = (P_{i} \oplus K_{i}) \oplus K_{i}$$

$$= P_{i} \oplus (K_{i} \oplus K_{i})$$

$$= P_{i} \oplus 0$$

$$= P_{i}$$

The use of XOR for encryption and decryption of teleprinter traffic goes back to the 1920s.

### Vernam's One-Time Pad

- Vernam (of AT&T) and Mauborgne (US Army Signal Corps) (re)invented the one-time pad around 1919–20.
- It used a paper tape of true-random characters for keying material; when the operator typed a letter, the paper tape would advance to encrypt that character
- But that much random tape was hard to handle, so Morehouse (AT&T) suggested using two tapes of relatively prime lengths:

$$C_i = P_i \oplus K_{1,i} \oplus K_{2,j}$$

- This is *not* a one-time pad, it's a stream cipher: the actual key,  $K_i$ , is derived algorithmically from  $K_{1,i}$  and  $K_{2,j}$ —and Friedman cracked it
- Morehouse had invented a *stream cipher*

### Questions?



(Northern mockingbird eating a wasp, Morningside Park at W 113th St., September 9, 2020)